

## COVID-19 Provider Updates

May 4, 2020

### COVID-19 Quick Hits

Baltimore City Health Department Clinician Page [here](#) | Baltimore City COVID-19 [dashboard](#)

1. Clinicians can **refer patients for COVID testing** at Baltimore City Testing Tents by placing a referral in CRISP. Instructions are [here](#). **Patients without insurance** or without a Primary Care Provider can call [211](#) to speak with a healthcare professional. If they meet testing criteria, they can receive a referral to a testing tent.
2. Testing FAQ is [here](#). A list of test locations can be found [here](#).\*\*Please email [baltimoreprovideroutreach@gmail.com](mailto:baltimoreprovideroutreach@gmail.com) if there is missing testing location so we can notify the list owner\*\*
3. The CDC updated its [priority guidance for \(Nucleic Acid or Antigen\) COVID-19 testing](#) and its list of potential [COVID-19 symptoms](#).
4. The CDC updated its [instructions](#) for symptom based strategy to discontinue isolation. The home isolation period is extended from 7 days to 10 days since symptoms first appeared for the symptom based strategy in persons with COVID-19 who have symptoms. The CDC also updated its healthcare worker [return to work time interval](#).
5. This Wednesday (4/29), Governor Hogan issued an [executive order](#) requiring universal testing of all residents and staff at all Maryland nursing homes.
6. Last Friday (4/24), Governor Hogan released the State of Maryland's "[Roadmap to Recovery](#)" plan. The plan relies on four "building blocks" that must be achieved before beginning to reopen: Expanded testing capacity, increased hospital surge capacity, ramping up supply of PPE, and a robust contact tracing operation. The opening will then proceed gradually in three stages. You can read the report [here](#).
7. Governor Hogan [announced](#) two new Vehicle Emission Inspection Program (VEIP) Sites. The new locations are at the Owings Mills and Prince Frederick VEIP Sites. The sites were established, in part, due to the recently acquired tests from South Korea. There are now seven VEIP testing sites, listed below on page 2.
8. CareFirst BlueCross BlueShield (CareFirst) and the Maryland State Medical Society (MedChi) announced one-time \$300 grants per physician to equip practices with technology needed to provide virtual care. For more information click [here](#).
9. The Maryland Dept. of Aging has implemented a new statewide [Caregiver Service Corps](#) (CSC) to enable older adults to remain safely in their homes and have support systems in place to do so.
  - a. If your practice identifies a senior with pressing needs with everyday tasks call **800-337-8958** to reach the CSC call center directly.



- b. The public (seniors or their families, friends) can call **211**
10. Volunteer staffing opportunities -Maryland Responds Medical Reserve Corps (MRMRC). Visit <https://mdresponds.health.maryland.gov>
11. Employment opportunities for healthcare professionals and support staff can be found in the following link: <https://www.smartrecruiters.com/lab/marylandmednow/>

### **Maryland Department of Health (MDH)**

#### Local Information

1. MDH has again updated their answers to most frequently asked testing questions [here](#). (4/28) You can direct your patients to this information.
2. Patients may ask about MDH's COVID-19 testing at Vehicle Emission Inspection Program (VEIP) sites. You can find updated details about this program [here](#) (4/28) There are two new locations added this week. Patients need a referral from their provider, their ID, and an appointment time. Locations are:

*A. Glen Burnie VEIP (Anne Arundel County)*  
721 E. Ordnance Road  
Curtis Bay, MD 21226

*B. Bel Air VEIP (Harford County)*  
1631 Robin Circle  
Forest Hill, MD 21050

*C. Waldorf VEIP (Charles County)*  
28 Henry Ford Circle  
Waldorf, MD 20601

*D. Columbia VEIP (Howard County)*  
6340 Woodside Ct., #1071  
Columbia, MD 21046

*E. White Oak VEIP (Montgomery County)*  
2121 Industrial Parkway  
Silver Spring, MD 20904

*F. Owings Mills VEIP*  
11510 Cronridge Dr  
Owings Mills, MD 21117

*G. Prince Frederick VEIP*  
1035 N Prince Frederick Blvd  
Prince Frederick, MD 20678

### **Centers for Disease Control and Prevention (CDC)**

#### Guidances

1. The CDC updated its priority guidance for COVID-19 testing [link](#) (4/27)
2. New additions made to the CDC list of potential COVID-19 symptoms [link](#) (4/27)
3. CDC updated its healthcare worker return to work guidance [link](#) (4/30)
4. CDC shared more information about its COVID-19 Serology Surveillance Strategy [link](#) (4/28)

### **Baltimore City Health Department**

Letitia Dzirasa, M.D., Commissioner of Health

5. CDC Reopening Guidance for Cleaning and Disinfecting Public Spaces, Workplaces, Businesses, Schools, and Homes [link](#) (4/29)

### Resources

1. Information for Clinicians on Investigational Therapeutics for Patients with COVID-19 [link](#) (4/25)
2. CDC COVIDView Weekly Summary of Virologic Surveillance, Outpatient/ED Reporting, Hospitalizations, and Mortality [link](#) (4/24)

### COVID-19 Clinical Management Links

1. Up-to-Date COVID-19 (No Paywall) [link](#)
  - a. Favor pharmacologic prophylaxis of venous thromboembolism for all hospitalized patients with COVID-19
2. UCSF Health COVID-19 Clinical Resources (High Yield Guidances, instructions for [donning/doffing PPE](#), and Practice Algorithms) [link](#)
3. Harvard Medical School Clinical Management Through COVID-19 Webinar Series Recordings [link](#)

### Research Spotlight

1. Richardson et al. Presenting Characteristics, Comorbidities, and Outcomes Among 5700 Patients Hospitalized With COVID-19 in the New York City Area. JAMA. 22 April 2020. [Link](#)
2. Arons et al. Presymptomatic SARS-CoV-2 Infections and Transmission in a Skilled Nursing Facility. NEJM. 24 April 2020. [Link](#)
3. Helms et al. Neurologic Features in Severe SARS-CoV-2 Infection. NEJM. 15 April 2020. [Link](#)

### Mental Health Care for Providers Spotlight

1. AMA "Caring for our caregivers during COVID-19" Masterlist of Resources page [link](#)
2. If you need help immediately, call the 24/7 toll-free National Suicide Prevention Lifeline at **1-800-273-TALK (8255)** or **chat [here](#)**
3. [Physician Support Line](#)- **1-(888) 409-0141** Peer-to-peer national support line; for physicians by physicians open 8am to midnight (EST), no appointment needed
4. SAMHSA also offers 24/7 toll-free disaster crisis counseling and support through the [Disaster Distress Helpline](#), **1-800-985-5990**
5. Free Meditation Resources
  - a. Free Access to Headspace Plus Meditation for healthcare providers [link](#)
  - b. Curated Resources thru Calm.com [link](#)
6. JAMA article offers health care leadership with tangible messages and actions to support health care professionals during COVID-19 [link](#)
7. Self-Care Presentation Prepared by UCSF Rev. Susan Conrad [link](#)