

**COVID-19 Where Can Older Adults Find
Assistance with Food**
Updated 3.26.2020

Who can I talk to about where to get food?

If you need someone to talk to and help answer questions, call the Maryland Access Point, at 410-396-CARE (2273) who can direct you special support services for those over 60.

How can I get delivered meals?

Call Maryland Access Point (410)396-CARE (2273) to connect with Meal on Wheels

Does my housing site offer meals for older adults?

Older adults who participate in Eating Together in Baltimore can reserve a meal through their Eating Together Site. Eating Together sites include:

Abundant Life Towers I	Moravia Park Drive Apartments
Basilica Place	Our Lady of Fatima Senior Housing II
Belvedere Green	Park View at Coldspring
Bolton North	Penn North Plaza
Christ Church Harbor	Waters Tower Senior Apartments
DePaul House	Weinberg Place
Everall Gardens	Westminster House
Highlandtown Plaza Cooperative	Apostolic Towers
Kirkwood House	Bernard Mason Senior Housing
Lakewood Apartments	Epiphany House (GEDCO)
Manhattan Park Apartments	Hanover Square
Manor South (Weinberg)	N.M. Carroll Manor
Marlborough Apartments	Renaissance Gardens
Memorial Apartments	Stadium Place

What grocery stores will deliver to my home?

GIANT – PeaPod, 1800-573-2763

Shoppers - <https://www.shoppersfood.com/online-ordering/one-hour-delivery.html>

Safeway – www.Safeway.com

Eddie’s Roland Park 410-889-1558 (does not accept EBT)

ShopRite – www.Shop.shoprite.com

Aldi, PriceRite, Giant, Safeway, Shoppers, Harris Teeter, BJ’s, ShopRite, and CVS all offer deliver through the InstaCart App

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What food resources are available in the community?

<https://health.baltimorecity.gov/novel-coronavirus-covid-19/food-distribution-sites>

Where can I buy groceries at stores with less crowds?

GIANT - 6am to 7am every day

Dollar General - first hour of each day

Target - one hour before opening on Wednesday morning

Whole Foods - one hour before opening

Safeway - 6am to 9am on Tuesdays and Thursdays

Haris Teeter - 6am to 7am Monday and Thursday

Save-A-Lot - Check your local store for participating times

Aldi - One hour before opening Tuesdays and Thursdays

How can I get my prescription medications?

The following pharmacies will deliver:

South Baltimore Pharmacy - 410-355-8500

Northern Pharmacy - 410-254-2055

Austin Pharmacy - 410-773-0300

CVS cvs.com/store-locator/landing

Walgreens walgreens.com/storelocator/find.jsp

Walmart walmart.com/store/finder

Target target.com/store-locator/find-stores

Giant giantfood.com/store-locator

Safeway local.safeway.com/search.html

Wegman's www.wegmans.com/stores

If you need assistance with groceries, meals, or delivery, call the Maryland Access Point, who can direct you to special support services for those over 60. In these uncertain times, even heroes need somebody to **LEAN** on.

Link to ways to get food and necessities

Explore available services

Ask for help when you need it

Nobody has to do it alone. We're all in this together.

Baltimore City residents 60 years and older can do all this, and more, through Maryland Access Point. Visit marylandaccesspoint.info or call 410-396-CARE

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